WHAT IS CLAIMED IS:

1. A crossbow cocking device, comprising:

a shaft member operatively rotatably connected with respect to the associated butt of the associated cross bow, the shaft member having first and second sides;

at least a first rope member having first and second ends, the first end of the at least a first rope member being fixedly connected to the first side of the shaft member;

at least a first hook member for use in receiving an associated crossbow string, wherein the at least a first hook member is operatively connected to the second end of the at least a first rope member; and,

at least a first handle portion for use in manually drawing back the associated crossbow string, the at least a first handle portion being operatively connected to the at least a first hook member.

2. The crossbow cocking device as in Claim 1, wherein when the at least a first handle portion is manually drawing back the crossbow string, the at least a first rope member is automatically wound around the first side of the shaft member.

3. The crossbow cocking device as in Claim 2, further comprising:

a second rope member having first and second ends, the first end of the second rope member being fixedly connected to the second side of the shaft member; and,

a second hook member for use in receiving the associated crossbow string, wherein the second hook member is operatively connected to the second end of the second rope member.

4. The crossbow cocking device as in Claim 3, further comprising:

a second handle portion for use in manually drawing back the associated crossbow string, the second handle portion being operatively connected to the second hook member wherein when the second handle portion is manually drawing back the

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crossbow string the second rope member is automatically wound around the second side of the shaft member.

- 5. The crossbow cocking device as in Claim 4, further comprising: first side plate operatively connected to the first side of the shaft member; and second side plate operatively connected to the second side of the shaft member.
- 6. The crossbow cocking device as in Claim 5, further comprising:
 biasing means operatively connected to the shaft member for use in biasing the shaft member in a first rotatable direction.
 - 7. The crossbow cocking device as in Claim 6, wherein the biasing means is a spring; and,

wherein when the first and second handle portions are manually drawing back the crossbow string, the spring automatically retracts the first and second rope members.

8. A method of drawing back a crossbow string for an associated crossbow having a stock including first and second ends, a butt portion, a crossbow string and a trigger mechanism, the steps comprising:

providing a crossbow cocking device having:

a shaft member operatively connected to the associated crossbow;
first and second rope members operatively connected to the shaft member;
first and second hook members operatively connected to the first and
second rope members respectively;

placing the first and second hook members onto the crossbow string; manually drawing back the crossbow spring; and,

automatically rewinding the first and second rope members around the shaft member.

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9. The method of Claim 8, wherein the step of providing a crossbow cocking device, comprises the step of:

providing a crossbow cocking device having:

a shaft member having first and second sides operatively rotatably connected with respect to the associated butt of the associated crossbow;

first and second rope members having first and second ends, wherein the first end of the first rope member is connected to the first side of the shaft member, wherein the first end of the second rope member is connected to the second side of the shaft member; and,

first and second hook members being connected to the second ends of the first and second rope members respectively.

- 10. The method of Claim 9, wherein after the step of manually drawing back the crossbow spring, the steps further comprising:
- receiving the associated bowstring by the associated trigger mechanism; and, disengaging the first and second hook members from the crossbow spring.
- 11. The method of Claim 10, further comprising the step of:automatically retracting the first and second hook members into proximity of theassociated butt.

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